

Contact Info: 2929 Gallows Rd. #2A Falls Church, VA 22042/ (703)204-0789/ cjpark9@msn.com



Dear Grand Masters, Masters, Instructors, Athletes, and Parents:

It is great honor for me to invite you to the 2nd George Mason President's Cup Tae Kwon Do Championship on Saturday June 11, 2011, at The RAC (Recreation and Athletic Complex), George Mason University, 4400 university Dr. Fairfax, VA. Last year's inaugural event featured more than 450 participants and this year we look forward to providing even more opportunity for Taekwondoists to experience the camaraderie associated with competitive competition.

I would like to thank you in advance for your support and participation. Your involvement will greatly enhance the development of Tae Kwon Do within our communities, as well as increase the awareness of the Korean culture and heritage. At the same time, this allows the students to experience great sportsmanship and the spirit of Tae Kwon Do is at its highest.

Our goal for this Championship is to keep the competitor's best interest in mind while promoting a positive Tae Kwon Do attitude and helping the Championship run smoothly. We encourage you to train hard and be well-prepared for this event. We look forward to seeing all of you and will ensure that everyone has the best Championship experience.

We wish everyone great success! See you at the 2011 GMU President's Cup Championship!!

Sincerest Regards,

Grand Master Chun Jae Park, Ph.D.
Tournament Director,
Welter weight World champion (Ecuador, 1982)
8th degree Black belt (Kukkiwon, 2004)

Information: **Download at www.champkick.com**



President's Cup Tae Kwon Do Championship

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GENERAL INFORMATION

COMPETITION FEE:

- 1) Sparring & Forms. Pre- registration \$70 for one event, \$20 for each additional event. On-site registration: \$90 for one event, \$20 for each additional event.
- 2) Team Demo Competition: \$400.00 per Team (\$30 per participant if fewer than 15 team members)
- 3) Coaching Pass: Pre- registration \$20, On-site Registration: \$30. 1 free coach pass for every (10) competitors (10 competitors = 1 pass, 19=1 pass, 20=2 pass). Coach must register at the same time as students to receive free coach pass.
- 4) Admission fee: \$10 (CASH ONLY) Age under 4 or 65 & over Free
- 5) Pre-registration must be Post Marked later than June 8, 2011. Cashier's checks, Money order, or pre-approved School checks will be accepted only. No personal checks, No credit cards accepted.

MAIL APPLICATION TO:

GMU TAE KWON DO CHAMPIONSHIP

2929 Gallows Rd. #2A
Falls Church, VA 22042

TIME SCHEDULE:

8:00 am	Check-in at the door or Registration at the door
8:00 am	Judges/Referees Meeting
8:30 am	All Black Belt Forms Competitors meet at the Linn Gym (Holding area).
9:00 am	All Black Belt Forms Competition Begins the RAC Gym (Competition area)
9:30 am	All Color Belt Forms Competitors meet at the Linn Gym (Holding area).
10:00 am	All Color Belt Forms Competition Begins the RAC Gym (Competition area)
11:30 am	Lunch break
12:30 pm	Demo Team Competition begins
1:45 pm	Opening Ceremony
2:00 pm	All Color Belt Sparring Competitors meet at the Linn Gym
2:30 pm	All Color Belt Sparring Competition begins
2:30 pm	All Black Belt Sparring Competitors meet at the Linn Gym
3:00 pm	All Black Belt Sparring Competition begins

COMPETITION WARDS:

Forms event: One 1st, one 2nd, & one 3rd place winner.

Sparring event: One 1st, one 2nd, & one 3rd place winner.

Demo Team event: One 1st, one 2nd, & one 3rd place winner (each player will receive the certificate).

Special awards for school owners: Outstanding Schools will receive a plaque from GMU.

WEIGH-IN: Required only for Black Belts who are competing in the (14-17) & (18-32) Sparring divisions. (Weigh-in will take place on Saturday 6/11 at the venue between 1:30pm-2:00pm).



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OFFICIAL ATHLETE ENTRY FORM

Athlete's Name: _____ Age: _____ Gender: _____

Weight _____ Height: _____ Rank _____ Belt Color: _____ Circle One: Kup / Dan

ADDRESS: _____ Zip: _____

Home Phone: _____ Mobile: _____ Email: _____

TKD ACADEMY NAME: _____ City: _____ State: _____

Master or Instructor: _____ Rank: _____

PLEASE CHECK DIVISION(S) YOU ARE ENTERING

FORMS SPARRING

Pre-Registration: One Event \$70.00 Two Events: \$90.00
(There is an additional \$20.00 Fee for all application at the door)

Number of Events Entered: _____ Total Amount Enclosed: _____

Make All Checks Payable to: TKD PROGRAM
Money order and Cashier check only. No personal checks. No credit cards

STATEMENT OF WAIVER

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against the George Mason University Open Championships, George Mason University, RHT, David Wiggins, USAT, WTF, USOC, VA State Taekwondo, any organization, association, Director Park, Chun Jae, any other Masters, authority and all members of the tournament and their respective officials, committees, medical committees, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained to me in connection with my association with entry in the above event, or which may occur out of traveling to, participating in, and returning from such event. I understand that Taekwondo is a body-contact sport, and I further understand all contents of the 2002 rules and general information for which was published by the Organized Committee and I agree with them in their entirety.

SIGNATURE OF CONTESTANT

SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18 YEARS OLD



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OFFICIAL TEAM DEMO COMPETITION ENTRY FORM

*Please list all competitors' name in a separate form and attach with this form to receive a certificate

NAME OF TKD ACADEMY: _____

ADDRESS: _____ Zip: _____

NAME OF MASTER: _____ Email: _____

NUMBER OF COMPETITORS: _____ Performance time: _____ Min _____ Sec

NAME OF TEAM LEADER: _____

Total Amount Enclosed (\$) *\$400.00 per team (\$30 per player if less than 15 participants on team)

Make All Checks Payable to: TKD PROGRAM
Money order and cashier checks only. No personal checks. No credit cards

STATEMENT OF WAIVER

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SIGNATURE OF TEAM LEADER

DATE

SIGNATURE OF MASTER

DATE



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OFFICIAL COACH'S ENTRY FORM

Name: _____ Age: _____ Rank: _____

Name of TKD Academy: _____

Address: _____ Zip: _____

Home Phone: _____ Mobile: _____ Work Phone: _____

Number of Competitors participate this event: _____

***Coaching Pass:** 1 free coach pass for every (10) competitors (10 competitors = 1 pass, 19=1 pass, 20=2 pass, 3=3 pass). Coach must register at the same time as competitors to receive free coach pass.

Pre-Registration: \$20.00

On-Site Registration: \$30.00

Total Amount Enclosed: _____

Make All Checks Payable to: TKD PROGRAM

Money order and cashier checks only. No personal checks. No credit cards

STATEMENT OF WAIVER

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against the George Mason University Open Championships, George Mason University, RHT, David Wiggins, USAT, WTF, USOC, VA State Taekwondo, any organization, association, Director Park, Chun Jae, any other Masters, authority and all members of the tournament and their respective officials, committees, medical committees, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained to me in connection with my association with entry in the above event, or which may occur out of traveling to, participating in, and returning from such event. I understand that Taekwondo is a body-contact sport, and I further understand all contents of the 2002 rules and general information for which was published by the Organized Committee and I agree with them in their entirety.

SIGNATURE OF COACH

DATE



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GYOROOGI (SPARRING) DIVISIONS

Gyoroogi (Sparring) – All Ages except (14-32) Black Belts

Age	4-5	6-7	8-9	10-11	12-13	14-17	18-32	33-39	40 & UP
Rank/Belt	White/Yellow/Orange			Green	Blue/Purple		Brown/Red	Black	
Weight	Light				Middle			Heavy	
Gender	Male					Female			

Gyoroogi (Sparring) –Ages (14-17) Black Belts

Division	Men's Weight [lbs]	Women's Weight [lbs]
Fin	0 - 99.2	0 - 92.6
Fly	99.3 - 105.8	92.7 - 97.0
Bantam	105.9 - 112.4	97.1 – 101.4
Feather	112.5 - 121.3	101.5 – 108.0
Light	121.4 - 130.1	108.1 – 114.6
Welter	130.2 - 138.9	114.7 – 121.3
Light Middle	139.0 - 149.9	121.4 – 130.0
Middle	150.0 - 160.9	130.1 – 138.9
Light Heavy	161.0 - 172.0	139.0 – 149.9
Heavy	172.1 - 999.9	150.0 – 999.9

Gyoroogi (Sparring) – Ages (18-32) Black Belts

Division	Men's Weight [lbs]	Women's Weight [lbs]
Fin	0 – 119.0	0 – 101.4
Fly	119.1 – 127.9	101.5 – 108.0
Bantam	128.0 – 138.9	108.1 – 116.9
Feather	139.0 – 149.9	117.0 – 125.7
Light	150.0 – 163.1	125.8 – 136.7
Welter	163.2 – 176.4	136.8 – 147.7
Middle	176.5 – 191.8	147.8 – 159.9
Heavy	191.9 – 999.9	161.0 – 999.9

POOMSAE (FORM) DIVISIONS (ALL AGES)

Age	7 & Under	8-10	11-13	14-17	18-32	33&Up
Rank/Belt	White/Yellow/Orange	Green	Blue/Purple	Brown/Red	Black	
Gender	Male			Female		

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COMPETITION RULES AND REGULATION

Sparring:

Age	Rules
11 & under	USAT/WTF Modified rules. No Head Contact for color belts. Junior Safety rules for Black Belts.
12 - 13	USAT/WTF Modified rules. Junior Safety Rules for Black Belts.
14 - 17	USAT/WTF Modified rules. Junior Safety Rules for Black Belts. Senior Rules for Black Belts
18 & up	USAT/WTF Modified rules. Senior Rules for Black Belts

Form: (All Tae Kwon Do Forms will be allowed)

Rank (Kup)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom Dan:1-2-3
Belt Colors	White/Yellow/Orange		Green	Blue/Purple	Red/Brown	Black
Poomsae:Taeguek/Palgwaue/ Chang Hon/Pynung Ahn/etc.,	Basic Forms/ 1 or 2		3 or 4	5 or 6	7 or 8	Koryo- Kumgang- Taebak etc.,

Demonstration Team:

1. Unlimited number of team members.
2. Demonstration may not exceed 9 minutes. (Any performance longer than 9 minutes will have points deducted from total score, minus 2 points exceeding more than 1 min., minus 5 points exceeding more than 2 min).
3. All Demonstration performances must include the following: Traditional Form, Creative Form, Breaking, and Self-Defense. Need to prepare your own equipments, sound system will be ready.
4. Score will be determined as follows (scaled of 1 to 10):
 - a. Response of Spectators.
 - b. The degree of difficulty & Perfection in Techniques.
 - c. The degree of Artistic Refinement.
 - d. The degree of Educational Values of Tae Kwon Do delivered in performance.
 - e. Teamwork.



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For hotel information:

The Mason Inn Conference Center & Hotel
4352 Mason Pond Drive
Fairfax, Virginia 22030

One Minute walking distance from the tournament Venue

<http://www.acc-masoninnandconferencecenter.com/index.cfm>

Ask for a special rate for the tournament.

Comfort Inn University Center (VA073)
11180 Fairfax Blvd, Fairfax, VA, US, 22030

- Phone: (703) 591-5900
- Fax: (703) 591-3507